

Learning About the Physical Geography of Canada and the United States

1. Get your copy of the unlabeled physical features map for the Canada and the United States Mapping Lab, Challenge 1.
2. Select one of the physical features listed below. Find it on a physical map of Canada and the United States in *Geography Alive! Regions and People*.
3. Locate and label that same feature on your Challenge 1 map. (**Hint:** Is there no room to write your label? Draw a line from the feature to a place where you have more room to write.)
4. Repeat Steps 2 and 3 until you have found and labeled all 15 physical features.

Physical Features of Canada and the United States

A set of latitude and longitude coordinates is given for each feature. If you have trouble finding a feature, the coordinates will help you get close to its location.

1. Rocky Mountains (45°N, 110°W)	2. Arctic Ocean (80°N, 140°W)	3. Appalachian Mountains (40°N, 77°W)
4. Pacific Ocean (40°N, 130°W)	5. Colorado River (35°N, 115°W)	6. Canadian Shield (55°N, 90°W)
7. Great Plains (45°N, 105°W)	8. Atlantic Ocean (35°N, 70°W)	9. Mississippi River (35°N, 90°W)
10. Great Basin (38°N, 115°W)	11. Mount McKinley (63°N, 151°W)	12. Vancouver Island (50°N, 126°W)
13. Sierra Nevada (38°N, 120°W)	14. Great Lakes (45°N, 83°W)	15. Hudson Bay (60°N, 85°W)

Learning About the Human Geography of Canada and the United States

1. Get your copy of the unlabeled political map for the Canada and the United States Mapping Lab, Challenge 2.
2. Select one of the states, provinces, or territories listed below. Find it on a political map of Canada and the United States in *Geography Alive! Regions and People*. Use the latitude and longitude coordinates to help you.
3. Label that place, and lightly shade it on your map.
4. Repeat Steps 2 and 3 until you have labeled and shaded all 15 states, provinces, and territories.

States, Provinces, and Territories in Canada and the United States

1. Michigan (45°N, 85°W)	2. British Columbia (55°N, 125°W)	3. New York (43°N, 75°W)
4. Montana (47°N, 110°W)	5. Oregon (45°N, 120°W)	6. Ontario (50°N, 85°W)
7. California (35°N, 120°W)	8. Nunavut (65°N, 100°W)	9. Prince Edward Island (46°N, 63°W)
10. Alberta (55°N, 115°W)	11. Alaska (65°N, 150°W)	12. Florida (30°N, 82°W)
13. Massachusetts (42°N, 71°W)	14. Arizona (35°N, 112°W)	15. Georgia (34°N, 84°W)